

Cradles to Crayons

HOW TO MAKE A HYGIENE KIT!

Why Hygiene Items?

At Cradles to Crayons, we strive to provide children living in low-income or homeless situations with everyday essential items. **Hygiene kits are one of our most requested items**, and due to the current public health crisis, they are even more critical. **You can help** us keep kids and families safe by creating hygiene kits at home!

What You'll Need:

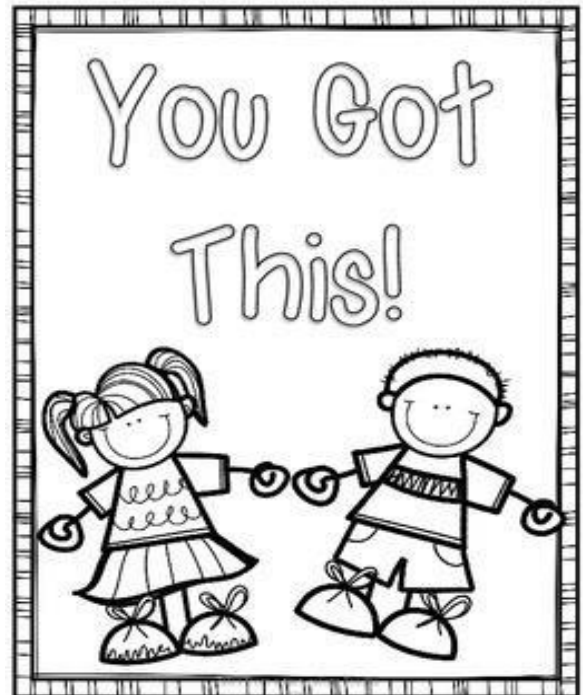
1. **New** hygiene items purchased at your preferred website or store (Appendix A)
2. Scissors
3. Markers or crayons
4. Gallon-sized plastic bags
5. Permanent Marker

Instructions:

- 1) **Purchase new hygiene items** from your preferred website or local store.
 - a) Note: Please review the attached hygiene kit charts to buy the correct items for the corresponding ages!
- 2) Cut out the **Well Wish Note** templates and color in the notes. If you don't have a printer, feel free to design your own notes on index cards or paper!
- 3) Put **one Well Wish Note along with one of each hygiene item you purchased** together in a gallon-sized plastic bag. Be sure to match your items using the age chart in Appendix A!
- 4) **Label your bag with the age range** (ex. 0-2, 3-5, 6-12).
- 5) **Donate your packs.** Due to the COVID-19 crisis, we are only accepting donations at select drop-off locations. Please visit our website to find the location closest to [you](#).

Thank you for supporting Cradles to Crayons!

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Appendix A

Reminder: All items must be new

For your convenience, product suggestions are included below.

Hygiene Kit 0-2

Mandatory:

- 1 [Baby thermometer](#)
- 1 [Baby shampoo and body wash](#)
- 1 [Ear syringe](#)
- 1 [Baby nail clippers](#)
- 1 [Baby Lotion](#)

Optional:

- 1 [Diaper cream](#)
- 1 [Baby toothbrush](#)

Hygiene Kit 3-5

Mandatory:

- 1 [Toddler shampoo](#)
- 1 [Toddler body wash](#)
- 1 [Toddler toothbrush](#)
- 1 [Toddler toothpaste](#)

Optional:

- 1 [Toddler hairbrush/comb set](#)

Hygiene 6-12

Mandatory:

- 1 [Adult shampoo and conditioner](#)
- 1 [Adult body wash](#)
- 1 [Toothbrush](#)
- 1 [Toothpaste](#)

Optional:

- 1 [Hair brush and comb kit](#)
- 1 [Deodorant](#)