



New Trier Day of Service

#ntef20in21

Building Family Care Packages

April 17, 2021



Every 73 seconds, someone in America is sexually assaulted. This year's day of service falls in April, which is Sexual Assault Awareness Month (SAAM). There are many ways you can become involved in the work of changing conversations about sexual violence, supporting survivors, and preventing sexual violence before it ever happens.

Zacharias Sexual Abuse Center (ZCenter) provides a place for children and their families to heal after they have experienced abuse. Families dealing with this trauma often feel isolated and struggle to find normalcy in day to day activities.

Join Captains Joan Criswell, Board Director, and her son Teddy Criswell '20 in building family care packages to help bring joy to these families and uplift them during their healing process. Create a thoughtful package of games, self care items, books, and gift cards an entire family can enjoy.

Individual items are also accepted for gathering and distribution for future clients.

Saturday April 17th
Drop off at ZCenter between 11am-3pm
4232 Dempster St, Skokie, IL 60076

All supporters must register to be counted.
REGISTER FOR FREE TODAY at <https://bit.ly/NTDayofService>

Questions? Email joancriswell@me.com

Build A Family Care Package

SUGGESTIONS

Please mix and match as you see fit, or pick a theme and go with it! These are for guidance only, creativity is encouraged!

Family of 4

- Board Games, At-Home-Activities
- Visa Gift Cards
- Target/Walmart Gift Cards
- Workout/Self Care Gear (Yoga mat, bands, etc.)
- Gas Card

Family of 6

- Board Games, At-Home-Activities
- Visa Gift Cards
- Target/Walmart Gift Cards
- First Aid Kit
- Gas Cards
- Grocery Cards

Single Parent & 2 Middle School Children

- Ipad for virtually learning
- Visa Gift Cards
- Target/Walmart Gift Cards
- Self Care Items
- Grocery Cards & Recipe Books

Grandma & Granddaughter

- Diapers
- Visa Gift Cards
- Books, adult fiction
- Bathrobe & Slippers
- Target/Walmart Gift Cards

Individual Items Also Accepted!

ABOUT ZCENTER

ZCenter has locations in Skokie and Gurnee where they provide free services to survivors and their families after sexual abuse and violence. ZCenter also provides Prevention Education to children in grades K-12 and ZEN Professional Training in efforts to create a community free of sexual violence.

For more information, follow on social media and visit www.ZCenter.org.

Email info@zcenter.org

24-Hour Support Line 847.872.7799