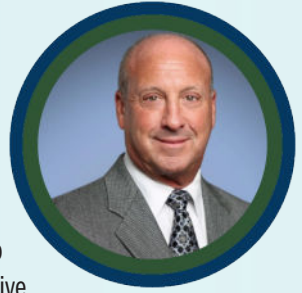


2024 ALUMNI ACHIEVEMENT HONOREE

Richard Sherman — CLASS OF 1973

Dr. Richard Sherman is a board-certified orthopedic surgeon who specializes in treating disorders of the knee, hip, and shoulder, including sports injuries, the various forms of arthritis, and trauma. He offers his patients the most up-to-date techniques in joint replacement, as well as arthroscopic knee and shoulder surgery to reduce pain and speed recovery time. His practice philosophy is to give every patient the highest level of personalized care using state of the art techniques and cutting-edge knowledge. He is a partner of the Illinois Bone and Joint Institute, a senior attending at North Shore University Health System, and a clinical assistant professor in the Department of Orthopedic Surgery at Loyola University Medical Center.



Dr. Sherman graduated from New Trier West in 1973. During his high school career, he played varsity football, was an All-Conference and All-Area running back, culminating with an undefeated Central Suburban Conference championship season as a senior. In addition, he was captain of the varsity baseball team.

Dr. Sherman graduated from Harvard University in 1977 and received his Doctor of Medicine degree at the University of Chicago in 1981. Upon completion of his Orthopedic Surgery residency in 1986 at Loyola University Medical Center, Dr. Sherman went back to Harvard for fellowship training in sports medicine and joint replacement at Massachusetts General Hospital and Brigham and Women's Hospital.

Since 1987, when he started in practice on the North Shore, Dr. Sherman has served as the team physician for New Trier sports, and he has been present at every football game, both home and away. The request to be the team physician came from Dr. Sherman's varsity football coach Robert Naughton, who at that time was New Trier's Athletic Director. Dr. Sherman wanted to give back to the New Trier sports programs, to the student athletes, and to all the families of the New Trier township who had been so impactful in shaping his life and his career. The value of the 4 "Ps" of NT—Preparation, Perseverance, Passion, and Pride—instilled into him through his New Trier experience continues to be a driving force in his life.

